## **Boys & Girls Clubs of St. Charles County Programs**

## **Character and Leadership Development**

Programs in this Core Program Area empower youth to support and influence their Club and community, sustain meaningful relationships with others, develop a positive self-image, participate inthe democratic process, and respect their own and others' cultural identities.

- Youth of the Year and Junior Youth of the Year
- Torch Clubs (preteen community service club)
- Keystone Clubs (teen community service club)
- Community Service projects
- Special events (American Heritage Day, Martin Luther King celebration, etc.)

## **Education and Career Development**

Programs in this Core Program Area enable youth to become proficient in basic educational disciplines, to apply learning to everyday situations and to embrace technology to achieve success in a career.

- Power Hour
- Project Learn
- Technology labs
- Reading for Success
- S.T.E.M
- Money Matters
- Workforce Readiness
- ACT Prep
- Photography
- National Art Contest

## Health & Life Skills

Programs in this Core Program Area develop young people's capacity to engage in positive behaviors that nurture their own well-being, set personal goals, and develop the competencies to live successfully as self-sufficient adults. Programs also help develop fitness, positive use of leisure time, stress management skills, and social and interpersonal skills.

- Passport to Manhood
- SMART Girls
- Triple Play Soul (Mental health program for club members)
- Positive Action
- Healthy Habits
- Meth Smarts and Smart Moves (Drug resistance training)
- Various sports camps (volleyball, karate, basketball)
- Games room and gym activities and tournaments